

Exercise Sheet 9

1. Let $T \subset \mathbb{R}^2$ be a triangle and let y_1, y_2 , and y_3 denote the midpoints of its edges. Show that

$$\int_T P(x) \, dx = \frac{|T|}{3} \sum_{k=1}^3 P(y_k)$$

for every polynomial P with $\deg(P) \leq 2$, where $|T|$ denotes the area of the triangle T .

2. Let Ω be a bounded, polygonal domain in \mathbb{R}^2 and let $\gamma > 0$. Show that there exist positive constants c and C such that we have for every $h > 0$, every regular triangulation Γ of Ω with maximal side length h and minimal area $\min_{T \in \Gamma} |T| \geq \alpha h^2$ of the triangles and every function $v \in C(\Omega)$ which is linear on every triangle $T \in \Gamma$ the estimate

$$c\|v\|_{L^2(\Omega)} \leq h\|(v(x_i))_{i=1}^n\|_2 \leq C\|v\|_{L^2(\Omega)},$$

where $\{x_i\}_{i=1}^n \subset \Omega$, $n \in \mathbb{N}$, denotes the vertices of the triangulation Γ .